

# Clay Community Schools

## ELEMENTARY BREAKFAST

NOVEMBER 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 2 POP TART FRESH FRUIT JUICE MILK	Nov - 3 DONUT MINI CHOC. FRESH FRUIT JUICE MILK	Nov - 4 CEREAL BAR FRESH FRUIT JUICE MILK	Nov - 5 HONEY BUN, WW FRESH FRUIT JUICE MILK	Nov - 6 EGG AND TURKEY BACON SANDW FRESH FRUIT JUICE MILK
Nov - 9 POP TART FRESH FRUIT JUICE MILK	Nov - 10 DONUT MINI CHOC. FRESH FRUIT JUICE MILK	Nov - 11 CEREAL BAR FRESH FRUIT JUICE MILK	Nov - 12 HONEY BUN, WW FRESH FRUIT JUICE MILK	Nov - 13 DONUT MINI, POWDERED FRESH FRUIT JUICE MILK
Nov - 16 POP TART FRESH FRUIT JUICE MILK	Nov - 17 DONUT MINI CHOC. FRESH FRUIT JUICE MILK	Nov - 18 CEREAL BAR FRESH FRUIT JUICE MILK	Nov - 19 HONEY BUN, WW FRESH FRUIT JUICE MILK	Nov - 20 EGG AND TURKEY BACON SANDW FRESH FRUIT JUICE MILK
Nov - 23 POP TART FRESH FRUIT JUICE MILK	Nov - 24 DONUT MINI CHOC. FRESH FRUIT JUICE MILK	Nov - 25 CEREAL BAR FRESH FRUIT JUICE MILK	Nov - 26 THANKSGIVING BREAK	Nov - 27 THANKSGIVING BREAK
Nov - 30 POP TART FRESH FRUIT JUICE MILK				

ALL MENUS ARE SUBJECT TO CHANGE  
This institution is an equal opportunity provider.

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	356	350-500	100%	Carbohyd	62.32 g	70.03%	
Sodium	312 mg	540		Tot. Fat	7.23 g	18.28%	<=30.0%
Calcium	384.81 mg			Sat. Fat	3.38 g	8.54%	<10.00%

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**